

Year Group	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Intent of study year 5	In Year 5 at TWA , PSHCE aims to equip students with the knowledge, skills, and values necessary for personal and social development. The curriculum fosters emotional well-being, promotes respect for diversity, and encourages active citizenship. Through lessons on relationships, health, safety, and religious education, pupils will develop empathy, decision-making skills, and a strong moral foundation, preparing them for challenges inside and outside the classroom. They will also learn the importance of community participation and respect for different beliefs, fostering a sense of responsibility and inclusivity.					
5	<p>Rights, responsibilities and British Values</p> <ul style="list-style-type: none"> Pupils will develop an understanding of their own and other people’s feelings. Pupils will develop an awareness of strategies they can use to manage their own feelings. Pupils will plan goals that they want to achieve in the new school year. Pupils will develop reflection skills. Pupils will develop an understanding of the school behaviour policy and rights of people in the UK. 	<p>Celebrating diversity and equality</p> <ul style="list-style-type: none"> Pupils will develop an understanding of different cultures in the world around them. Pupils will develop an understanding of different types of bullying and how these affect people and their emotions. Pupils will develop an understanding of how cultural differences can cause conflict. Pupils will develop an understanding of the term ‘racism’. Pupils will develop a greater understanding of what disability is 	<p>Staying safe online/offline</p> <ul style="list-style-type: none"> Students will be able to explain what the internet is Students will be able to explain how to stay safe online Students will be able to explain why age restrictions exists Students will be able to explain why social networks can sometimes be dangerous Students will be able to explain how to stay safe at home and in certain situations including crossing the road 	<p>Relationships and Me</p> <ul style="list-style-type: none"> Pupils will gain an understanding of the importance of self-esteem and the impact of having negative self esteem Pupils will develop an understanding of body image and the importance of having good body image Pupils will develop an understanding of the different types of marriage Pupils will develop an understanding of types of love Pupils will develop an understanding of the different relationships they have and how their identity changes 	<p>Health and Wellbeing</p> <ul style="list-style-type: none"> Pupils will develop an understanding of why they need to look after mental health Pupils will develop an understanding of why they need to look after their physical health Pupils will develop an understanding of what growth mindset is Pupils will develop an understanding of exercise and how this can have a positive impact on your life Pupils will understand how to maintain a healthy lifestyle 	<p>Life Beyond School</p> <ul style="list-style-type: none"> Pupils will develop an understanding of what a goal is. Pupils will develop an understanding of money and the risk of debt including an understanding of credit cards Pupils will develop an understanding of how to organise themselves Pupils will develop an understanding of how to look after their own hygiene Pupils will develop an understanding of jobs and be able to compare different salaries
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Intent of study year 6	In Year 6 at TWA, PSHCE aims to prepare students for the transition to secondary school by deepening their understanding of personal well-being, relationships, and responsible citizenship. The curriculum focuses on developing resilience, emotional intelligence, and healthy lifestyle choices. Pupils will explore topics such as mental health, online safety, and managing change, while also fostering a greater appreciation for diverse cultures and beliefs. Through discussions on morality, equality, and community, they will enhance their critical thinking and leadership skills, empowering them to become respectful, confident, and responsible members of society.					
6	<p>Rights, responsibilities and British Values</p> <ul style="list-style-type: none"> Pupils will develop communication skills through sharing their thoughts and ideas within discussion. Pupils will develop an awareness of their own rights and responsibilities and the effect of these on their own life. Pupils will develop an understanding of the prevent duty and why it exists Pupils will develop an understanding of protected characteristics and why they are created Pupils will develop social skills through working with others and being involved in discussions. Pupils will develop an awareness of laws, British values and the government in the UK. 	<p>Celebrating diversity and equality</p> <ul style="list-style-type: none"> Pupils will develop an understanding of how changes can be made to support people with disabilities Pupils will develop an understanding of how bullying can impact on people’s lives and how this can be prevented Pupils will develop an understanding of the importance of being unique Pupils will develop an understanding of celebrating differences and how different cultures and religions share different celebrations Pupils will develop an understanding of the impacts of anti-social behaviour 	<p>Staying safe online/offline</p> <ul style="list-style-type: none"> Pupils will develop an understanding of the risks of using online websites and apps Pupils will develop an understanding of how to manage feelings and emotions growing up online Pupils will develop an understanding of how to use the emergency services to keep safe Pupils will develop an understanding of when to use voicemail and how to leave them appropriately Pupils will develop an understanding of when to send an email and how to send it Pupils will develop an understanding of how to identify fake news and what to do with the information 	<p>Relationships and Me</p> <ul style="list-style-type: none"> Pupils will develop an understanding of how babies are made Pupils will develop an understanding of the responsibilities of having a baby Pupils will develop an understanding of what self-advocacy is Pupils will understand the importance of making friends including what makes a good friend Pupils will understand how their bodies will change during puberty Pupils will understand how their feelings and emotions will change as they grow up 	<p>Health and Wellbeing</p> <ul style="list-style-type: none"> Pupils will understand when to use basic first aid Pupils will understand how to manage stress and what might causes it Pupils will understand how to manage feelings and emotions Pupils will understand how to ensure they are living a healthy lifestyle Pupils will understand and participate in yoga understanding the benefits of this Pupils will understand the effects of using substances 	<p>Life Beyond School</p> <ul style="list-style-type: none"> Pupils will develop an understanding of the importance of setting goals Pupils will develop an understanding for their own motivation informing them on how to make decisions in regard to future careers Pupils will develop an understanding for how to prepare food independently including the safety of food hygiene as well as personal hygiene when in the kitchen Pupils will develop an understanding of how to use public transport and prepare routes to allow them to travel independently

		<ul style="list-style-type: none"> Pupils will develop an understanding of role models and the importance of positive role models and how this might affect their lives 	<ul style="list-style-type: none"> Pupils will develop an understanding of how be responsible when using technology 			<ul style="list-style-type: none"> Pupils will develop an understanding of how to manage a budget and create a shopping list
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Intent of study year 7	In Year 7 at TWA, PSHCE aims to support students as they transition to secondary school by promoting personal growth, social responsibility, and emotional well-being. The curriculum encourages self-awareness, resilience, and positive relationship-building, addressing key issues such as peer pressure, mental health, and identity. Pupils will explore topics like diversity, inclusion, online safety, and global citizenship, helping them to develop empathy and respect for others. Through reflective discussions and practical activities, students will build the confidence and skills needed to make informed choices, manage challenges, and contribute positively to their communities.					
7	Rights, responsibilities and British Values <ul style="list-style-type: none"> Pupils will develop an understanding of the political system of democratic government Pupils will develop an understanding of how the local government works Pupils will develop an understanding of the importance of decision making and voting Pupils will develop an understanding of the education system and how this differs from other countries Pupils will develop an understanding of why democracy is important in their life Pupils will develop an understanding of the difference between local and national government 	Celebrating diversity and equality <ul style="list-style-type: none"> Pupils will develop an understanding of identifying strengths in themselves and others Pupils will develop an understanding of how prejudice and discrimination and how this can affect lives Pupils will develop an understanding of peer pressure and how this can impact on our lives and our social lives Pupils will develop an understanding of taking responsibility for diversity Pupils will develop an understanding of community and how our school plays a part in community Pupils will develop an understanding of charities and how they can be of benefit for each other 	Staying safe online/offline <ul style="list-style-type: none"> Pupils will be able to explain how to stay safe online Pupils will understand the role of the police in regard to crime Pupils will understand the reasons behind crime Pupils will understand the role of communities and how they can help tackle crime Pupils will understand the role of crime prevention and how to create their own 	Relationships and Me <ul style="list-style-type: none"> Pupils will develop an understanding of how to develop their own self esteem Pupils will develop an understanding of the impact of unkind comments Pupils will understand feelings and how these might change in different relationships Pupils will understand the importance of asking for consent 	Health and Wellbeing <ul style="list-style-type: none"> Pupils will develop an understanding of the NHS and how this can be a benefit to people Pupils will develop an understanding of how to use physical activity to help their mental health Pupils will develop an understanding of to take care of their dental health Pupils will develop an understanding of body image and the positive and negative impact Pupils will develop an understanding of the impact of drugs, alcohol and tobacco 	Life Beyond School <ul style="list-style-type: none"> Pupils will gain an understanding of different jobs and how they provide money Pupils will gain an understanding of money management and how to save and spend money responsibly Pupils will gain an understanding of different types of employment Pupils will gain an understanding of the issues of losing money and dangers that can happen
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Intent of study year 8	In Year 8 at TWA, PSHCE aims to further develop students' emotional resilience, social awareness, and responsibility as they continue to grow as individuals and members of their community. The curriculum addresses topics such as healthy relationships, self-esteem, mental and physical well-being, and digital citizenship. Pupils will explore complex social issues, including equality, diversity, and human rights, fostering critical thinking and empathy. By encouraging responsible decision-making and reflective thinking, the program helps students build the confidence to manage personal challenges, understand their role in society, and act as considerate, informed citizens.					
8	Rights, responsibilities and British Values <ul style="list-style-type: none"> Pupils will understand the development of the political system of democratic government in the United Kingdom, including the roles of citizens, Parliament, and the monarch. Pupils will understand the operation of Parliament, including voting and 	Celebrating diversity and equality <ul style="list-style-type: none"> Pupils will understand the importance of responsible action and what they can do Pupils will understand the importance of prejudice and discrimination and how this can affect people Pupils will understand the importance of stereotypes 	Staying safe online/offline <ul style="list-style-type: none"> Pupils will be able to explain how the media can affect us Pupils will be able to identify the differences between fake news and real news Pupils will be able to evaluate the pros and cons of the media 	Relationships and Me <ul style="list-style-type: none"> Pupils will develop an understanding of what the factors are that contribute to a positive and negative relationships Pupils will develop an understanding of consent and the importance of privacy 	Health and Wellbeing <ul style="list-style-type: none"> Pupils will develop an understanding of how to live a healthy lifestyle Pupils will develop an understanding of the importance of healthy eating Pupils will develop an understanding of how to look after money and the risks of being in debt 	Life Beyond School <ul style="list-style-type: none"> Pupils will be able to identify their own skills and qualities and how they can improve Pupils will be able to identify their own responsibility when it comes to employment Pupils will be able to develop an understanding

	<p>elections, and the role of political parties.</p> <ul style="list-style-type: none"> • Pupils will understand the precious liberties enjoyed by the citizens of the United Kingdom. • Pupils will understand the nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals. • Pupils will understand the roles played by public institutions and voluntary groups in society, and the ways in which citizens work together to improve their communities, including opportunities to participate in school-based activities. • Pupils will understand the role of voting and reasons behind it • Pupils will understand the benefits of having democratic rights 	<p>and how this can impact on our behaviour</p> <ul style="list-style-type: none"> • Pupils will understand the importance of perspective and opinion and how this can influence our behaviour • Pupils will understand the importance of diversity within society and how they need to consider this when making decisions 	<ul style="list-style-type: none"> • Pupils will be able to identify how people in power are made accountable • Pupils will be able to explain the criminal justice system and how this might affect them 	<ul style="list-style-type: none"> • Pupils will develop an understanding of viewpoints and attitudes and how this impacts on our behaviour • Pupils will develop an understanding of stereotypes and how this can impact on our actions in life 	<ul style="list-style-type: none"> • Pupils will develop an understanding of the different professionals that can help to look after themselves • Pupils will develop an understanding of how money can affect our mental wellbeing 	<p>of the skills required for employment</p> <ul style="list-style-type: none"> • Pupils will develop an understanding of the different routes they can take into employment • Pupils will be able to write a letter to the government explaining how they would like to action • Pupils will be able to explain what a campaign is and design their own campaign pitch
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Intent of study year 9	In Year 9, PSHCE aims to empower students with the knowledge, skills, and attitudes necessary for personal development, healthy relationships, and active citizenship. The curriculum covers mental health, sexual health, consent, and digital safety, encouraging students to make informed and responsible choices. Pupils will also explore topics like human rights, social justice, and community engagement, fostering critical thinking and ethical awareness. By building emotional resilience and promoting empathy, the program helps students navigate adolescence, understand their impact on others, and prepare for the responsibilities of adulthood and the wider world.					
9	<p>Rights, responsibilities and British Values</p> <ul style="list-style-type: none"> • Pupils will understand the key differences between the UK and US government • Pupils will understand the importance of decision making and how this can impact future activities • Pupils will understand the importance of the civil service • Pupils will understand how to make a difference to society • Pupils will understand the difference between local, regional and national governance 	<p>Celebrating diversity and equality</p> <ul style="list-style-type: none"> • Pupils will develop an understanding of immigration and why they might choose to immigrate in regard to cultural differences • Pupils will develop an understanding of climate change and the connection with migration and how we can help • Pupils will develop an understanding of a fair society and how this can impact • Pupils will develop an understanding of gang culture and how this can impact and others • Pupils will develop an understanding of discrimination and prejudice and others 	<p>Staying safe online/offline</p> <ul style="list-style-type: none"> • Pupils will understand the influence of gang culture • Pupils will understand the importance of digital democracy and how this can help politics • Pupils will understand the appropriate use of media and how social media is used both positively and negatively • Pupils will understand the importance of online presence • Pupils will understand the impact of online usage both positively and negatively 	<p>Relationships and Me</p> <ul style="list-style-type: none"> • Pupils will understand the different emotions of a relationship • Pupils will understand how to manage in a breakdown of a relationship • Pupils will understand the difference between real life and staged pornography • Pupils will understand the importance of pleasure within a relationship • Pupils will understand the purpose of contraception and the responsibility of parenthood • Pupils will understand the laws around marriage 	<p>Health and Wellbeing</p> <ul style="list-style-type: none"> • Pupils will develop an understanding of how to live a healthy lifestyle • Pupils will develop an understanding of how feelings can impact our behaviour • Pupils will develop an understanding of how to manage feelings in different scenarios • Pupils will develop an understanding of the purpose of contraception • Pupils will develop an understanding of the responsibility of parenthood • Pupils will develop an understanding of drugs and how the law will impact this 	<p>Life Beyond School</p> <ul style="list-style-type: none"> • Pupils will understand how to take financial responsibility and how this can impact on their future • Pupils will understand the different factors and skills required for different jobs • Pupils will understand the importance of having a salary • Pupils will understand the importance of borrowing money and how to ensure they are safe and consider the risk factors associated with it • Pupils will understand how bullying can be involved with money management • Pupils will understand how discrimination can link to relationships and affect their lives

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Intent of study year 10	In Year 10, PSHCE focuses on preparing students for the challenges of adulthood by deepening their understanding of health, relationships, and social responsibility. The curriculum explores complex issues such as mental health, financial literacy, sexual health, consent, and the impact of social media. Students will also examine topics like democracy, global citizenship, and ethical decision-making, fostering a sense of responsibility and leadership. Through these lessons, pupils will develop critical life skills, emotional resilience, and an awareness of their rights and responsibilities, empowering them to make informed decisions and contribute positively to society.					
10	<p>Rights, responsibilities and British Values</p> <ul style="list-style-type: none"> Pupils will understand the key differences between the UK and US government Pupils will understand the importance of decision making and how this can impact future activities Pupils will understand the importance of the civil service Pupils will understand how to make a difference to society Pupils will understand the difference between local, regional and national governance 	<p>Celebrating diversity and equality</p> <ul style="list-style-type: none"> Pupils will learn the legal rights, responsibilities and protections provided by the Equality Act 2010 Pupils will understand a variety of faith and cultural practices and beliefs concerning relationships and sexual activity; to respect the role these might play in relationship values Pupils will deepen their understanding about diversity in romantic and sexual attraction and developing sexuality, including sources of support and reassurance and how to access them Pupils will understand what LGBTQ+ is Pupils will learn about homophobia in society and school Pupils will learn to support those from different cultures, races and sexualities. 	<p>Relationships and Me</p> <ul style="list-style-type: none"> Pupils will understand the characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality Pupils will learn how to respond appropriately to indicators of unhealthy relationships, including seeking help where necessary Pupils will learn to recognise, clarify and if necessary, challenge their own values and understand how their values influence their decisions, goals and behaviours Pupils will develop an understanding about the concept of consent in maturing relationships 	<p>Health and Wellbeing</p> <ul style="list-style-type: none"> Pupils will understand how self-confidence self-esteem, and mental health are affected positively and negatively by internal and external influences and ways of managing this Pupils will develop an understanding of the characteristics of mental and emotional health; to develop empathy and understanding about how daily actions can affect people’s mental health Pupils will learn about change and its impact on mental health and wellbeing and to recognise the need for emotional support during life changes and/or difficult experiences Pupils will learn to make informed lifestyle choices regarding sleep, diet and exercise Pupils will learn to identify, evaluate and independently access reliable sources of information, advice and support for all aspects of physical and mental health Pupils will understand about the health services available to people; strategies to become a confident user of the NHS and other health services; to overcome potential concerns or barriers to seeking help 	<p>Staying safe online/offline</p> <ul style="list-style-type: none"> Pupils will develop understanding that at there are positive and safe ways to create and share content online and the opportunities this offers Pupils will develop strategies for protecting and enhancing their personal and professional reputation online Pupils will learn that social media may disproportionately feature exaggerated or inaccurate information about situations, or extreme viewpoints; to recognise why and how this may influence opinions and perceptions of people and events Pupils will gain an understanding of how personal data is generated, collected and shared, including by individuals, and the consequences of this Pupils will learn how data may be used with the aim of influencing decisions, including targeted advertising and other forms of personalisation online; strategies to manage this anything that causes anxiety or concern 	<p>Life Beyond School</p> <ul style="list-style-type: none"> Pupils will evaluate and further develop their study and employability skills Pupils will develop their knowledge about the range of opportunities available to them for career progression, including in education, training and employment Pupil will learn about the labour market, local, national and international employment opportunities Pupils will develop understanding about employment sectors and types, and changing patterns of employment Pupils will research, secure and take full advantage of any opportunities for work experience that are available Pupils will learn how to effectively budget, including the benefits of saving Pupils will learn how to effectively make financial decisions, including recognising the opportunities and challenges involved in taking financial risks