

<b>SUBJECT:</b>	<b>PE</b>	<b>YEAR GROUP:</b>	<b>9</b>
<b>PURPOSE OF STUDY</b>			
A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.			
<b>THE NATIONAL CURRICULUM FOR ART AND DESIGN AIMS TO ENSURE THAT ALL PUPILS:</b>		<b>NATIONAL CURRICULUM LINKS</b>	
<ul style="list-style-type: none"> <li>• Develop competence to excel in a broad range of physical activities.</li> <li>• Are physically active for sustained periods of time.</li> <li>• Engage in competitive sports and activities.</li> <li>• Lead healthy, active lives.</li> </ul>		Cross curricular links:  RSHE: - Physical health and fitness, basic first aid Maths: measurement, angles English: written and verbal evaluations Science: links to the human body and keeping healthy.	
<b>TOPICS COVERED:</b>			
<ul style="list-style-type: none"> <li>• Football</li> <li>• Netball</li> <li>• Rugby (Tag and Union)</li> <li>• Basketball</li> <li>• Badminton</li> <li>• Tennis</li> <li>• Athletics.</li> </ul>			
<b>INTENT OF SUBJECT:</b>			
Within PE, pupils will develop a greater understanding of the importance of physical activity for health while also developing their teamwork and communication skills. Pupils will develop an understanding of the rules, skills, strategies and tactics that are used in a range of sports and will develop the use of these both in isolation and when in competitive situations. Pupils will develop an understanding of the injuries that could occur in a range of sports and how the risk of these can be minimised or injuries treated. Pupils will also develop a greater understanding of technical vocabulary relating to health and fitness and will develop their evaluation skills through written and verbal feedback across a range of sports.			

<b>SKILLS OVERVIEW BY HALF TERM:</b>	
<b>AUTUMN ONE</b>	<b>AUTUMN TWO</b>
<ul style="list-style-type: none"> <li>– Understanding and application of rules.</li> <li>– Understanding of injuries that could occur.</li> <li>– Understanding of how to prevent and manage injuries.</li> <li>– Understanding of tactics.</li> <li>– Applying tactics within games.</li> <li>– Application of knowledge to performance within increasing pressure.</li> <li>– Written and verbal assessment of performance.</li> <li>– Application of skills in isolation showing accuracy and consistency</li> <li>– Application of skills under pressure from an opponent in a 1v1 situation.</li> <li>– Application of skills in conditioned practice. This could range from 2v2's, 3v3's, 4v4's, over-loads (e.g. 4v3)</li> <li>– Application of skills in fully competitive situations.</li> <li>– Teamwork</li> <li>– Communication</li> </ul>	<ul style="list-style-type: none"> <li>– Understanding and application of rules.</li> <li>– Understanding of injuries that could occur.</li> <li>– Understanding of how to prevent and manage injuries.</li> <li>– Understanding of tactics.</li> <li>– Applying tactics within games.</li> <li>– Passing and receiving with control and accuracy.</li> <li>– Understanding and applying defence techniques.</li> <li>– Shooting techniques.</li> <li>– Understanding and applying footwork and movement.</li> <li>– Applying skills in isolation.</li> <li>– Applying skills within competitive games.</li> <li>– Teamwork</li> <li>– Communication</li> </ul>
<b>SPRING ONE</b>	<b>SPRING TWO</b>
<ul style="list-style-type: none"> <li>– Understanding and application of rules.</li> <li>– Understanding of injuries that could occur.</li> <li>– Understanding of how to prevent and manage injuries.</li> <li>– Understanding of tactics and strategies.</li> <li>– Applying tactics and strategies within games.</li> <li>– Application of knowledge to performance within increasing pressure</li> <li>– Written and verbal assessment of performance.</li> <li>– Application of skills in isolation showing accuracy and consistency</li> <li>– Understanding of defence and attacking techniques.</li> <li>– Application of defence and attacking techniques.</li> <li>– Using skills in isolation and combination.</li> <li>– Communication</li> <li>– Teamwork.</li> <li>– Understanding of technical vocabulary.</li> </ul>	<ul style="list-style-type: none"> <li>– Understanding and application of rules.</li> <li>– Understanding of injuries that could occur.</li> <li>– Understanding of how to prevent and manage injuries.</li> <li>– Understanding of tactics.</li> <li>– Applying tactics within games.</li> <li>– Application of knowledge to performance within increasing pressure</li> <li>– Written and verbal assessment of performance.</li> <li>– Application of skills in isolation showing accuracy and consistency</li> <li>– Application of skills under pressure from an opponent in a 1v1 situation</li> <li>– Application of skills in conditioned practice. This could range from 2v2's, 3v3's, 4v4's, overloads (e.g. 4v3)</li> <li>– Application of skills in fully competitive situations.</li> <li>– Teamwork</li> <li>– Communication.</li> </ul>

<ul style="list-style-type: none"> <li>– Awareness of safety and using techniques safely.</li> </ul>	
<b>SUMMER ONE</b>	<b>SUMMER TWO</b>
<ul style="list-style-type: none"> <li>– Understanding and application of rules.</li> <li>– Understanding of injuries that could occur.</li> <li>– Understanding of how to prevent and manage injuries.</li> <li>– Understanding of strategies and tactics.</li> <li>– Applying strategies and tactics within games.</li> <li>– Application of knowledge to performance within increasing pressure</li> <li>– Written and verbal assessment of performance.</li> <li>– Understand positioning</li> <li>– Use a range of skills and techniques within games.</li> <li>– Decision making</li> <li>– Teamwork</li> <li>– Communication</li> <li>– Application of skills in isolation.</li> <li>– Application of skills under pressure from an opponent in a 1v1 or 2v2 situation.</li> <li>– Application of skills in conditioned practice.</li> <li>– Application of skills in fully competitive situations.</li> </ul>	<ul style="list-style-type: none"> <li>– Understanding and application of rules.</li> <li>– Understanding of injuries that could occur.</li> <li>– Understanding of how to prevent and manage injuries.</li> <li>– Understanding of skills</li> <li>– Applying skills.</li> <li>– Understanding of skills relating to key areas of the sport.</li> <li>– Understand landings.</li> </ul>